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Foundation Degree in Ophthalmic Dispensing – Year 1

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Foundations for Learning

Essential Reading	Author	Price
Cite Them Right (10 th)	Pears, R & Shields, G (2016)	£12.00
Foundations in Nursing and Health Care: Beginning reflective practice (2 nd)	Jasper, M (2013)	£25.00
The Study Skills Handbook (4 th)	Cottrell, S (2013)	£15.00
Recommended Reading		
Critical Thinking Skills (3 rd)	Cottrell, S (2017)	£17.00
Doing a Literature Review in Health & Social Care (3 rd)	Aveyard, H (2014)	£25.00
How to Write Better Essays (3 rd)	Greetham, B (2013)	£13.00
Information Skills: Finding and Using the Right Resources	Grix, J & Watkins, G (2010)	£19.00
Reading Critically at University	Metcalfe, M (2006)	£21.00
Skills for Success: Personal Development and Employability	Cottrell, S (2015)	£17.00
Study Skills Connected: Using Technology to Support your Studies	Cottrell, S & Morris, N (2012)	£16.00
The Literature Review	Ridley, D (2012)	£22.00
The Mature Students Guide to Writing (3 rd)	Rose, J (2012)	£18.00
Background Reading		
A Handbook of Reflective and Experiential Learning: Theory and Practice	Moon, J (2004)	£34.00
Critical Thinking: An Exploration of Theory and Practice	Moon, J (2007)	£30.00
E-Learning Skills (2 nd)	Clarke, A (2008)	£21.00
Guided Reflection: A Narrative Approach to Advancing Professional Practice (2 nd)	Johns, C (2002)	£42.00
How to Find Information: A Guide for Researchers	Rumsey, S (2008)	£22.00
How to Read a Paper: The Basics of Evidence Based Medicine (5 th)	Greenhalgh, T (2014)	£31.00
Reflection: Principles and Practice for Healthcare Professionals (2 nd)	Ghaye, T & Lillyman, S (2010)	£19.00
Reflective Practice in Nursing (3 rd)	Howatson-Jones, L (2016)	£20.00
The Reflective Practitioner: how professionals think in action	Schön, D (1991)	£25.00
Workplace Learning in Health & Social Care: A Students Guide	Jackson, C & Thurgate, C (2011)	£22.00

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Introduction to Optics

Essential Reading		
Essentials of Dispensing (2 nd)	Tunnacliffe, A (2007)	£34.00
Optics (2 nd)	Tunnacliffe, A & Hirst, J (2003)	£57.00
Principles of Ophthalmic Lenses (5 th)	Jalie, M (2016)	£60.00
Worked Problems in Optics (2 nd)	Tunnacliffe, A (1991)	£22.00
Recommended Reading		
Practical Ophthalmic Lenses (3 rd)	Jalie, M & Wray, L (1990)	£48.00
Dictionary of Optometry and Visual Science (7 th)	Millodot, M (2009)	£61.00
Background Reading		
Clinical Optics and Refraction	Keirl, A & Christie, C (2007)	£60.00
Optics of the Human Eye	Atchison, D & Smith, G (2000)	£45.00
Schaum's Outline of Optics	Hecht, E (1975)	£10.00

Introduction to Ophthalmic Lenses

Essential Reading		
ABDO Frame Rule	Clayton, G	£15.50
British Standards Extracts	ABDO / BSI (2014)	£53.50
Essentials of Dispensing (2 nd)	Tunnacliffe, A (2007)	£34.00
Facial Measurement Gauge	Fairbanks/ ABDO	£59.00
Practical Dispensing (3 rd)	Griffiths, A (2000)	£39.00
Practical Ophthalmic Lenses (3 rd)	Jalie, M & Wray, L (1990)	£48.00
Principles of Ophthalmic Lenses (5 th)	Jalie, M (2016)	£60.00
Worked Problems in Ophthalmic Lenses (3 rd)	Tunnacliffe, A & Janney, D (1997)	£22.00
Recommended Reading		
Dictionary of Optometry and Visual Science (7 th)	Millodot, M (2009)	£61.00
Background Reading		
Clinical Optics and Refraction	Keirl, A & Christie, C (2007)	£60.00
Facial Measurement Gauge	Fairbanks, P	£59.00
Ophthalmic Lenses and Dispensing (3 rd)	Jalie, M (2008)	£95.00
Ophthalmic Lenses Availability	Gilbert, P (2017)	£45.00
Practical Optical Dispensing (3 rd)	Wilson, D & Daras, S (2014)	£55.00
Revision Guide to ABDO PQE Examination	Harsant, R (2007)	£10.00

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Theory of General Optics

Essential Reading		
Optics (2nd)	Tunnacliffe, A & Hirst, J (2003)	£57.00
The Principles of Ophthalmic Lenses (5 th)	Jalie (2016)	£60.00
Worked Problems in Optics (2 nd)	Tunnacliffe, A (1991)	£22.00
Recommended Reading		
Dictionary of Optometry and Visual Science (7 th)	Millodot, M (2009)	£61.00
Essentials of Dispensing (2 nd)	Tunnacliffe, A (2007)	£34.00
Foundations in Nursing and Health Care: Beginning reflective practice (2 nd)	Jasper, M (2013)	£17.50
Practical Ophthalmic Lenses (3 rd)	Jalie, M & Wray, L (1990)	£48.00
Background Reading		
Clinical Optics and Refraction	Keirl, A & Christie, C (2007)	£60.00
Optics of the Human Eye	Aitchison, D & Smith, G (2000)	£45.00
Schaum's Outline of Optics	Hecht, E (1975)	£10.00

Theory of Ophthalmic Lenses

Essential Reading		
ABDO Frame Rule	Clayton, G	£15.50
British Standards Extracts	ABDO College / BSI (2014)	£53.50
Essentials of Dispensing (2 nd)	Tunnacliffe, A (2007)	£34.00
Practical Dispensing (3 rd)	Griffiths, A (2000)	£39.00
Practical Ophthalmic Lenses (3 rd)	Jalie, M & Wray, L (1990)	£48.00
Principles of Ophthalmic Lenses (5 th)	Jalie, M (2016)	£60.00
Worked Problems in Ophthalmic Lenses (3 rd)	Tunnacliffe, A & Janney, D (1997)	£22.00
Recommended Reading		
Dictionary of Optometry and Visual Science (7 th)	Millodot, M (2009)	£61.00
Background Reading		
Ophthalmic Lenses Availability	Gilbert, P (2017)	£45.00
A Revision Guide to ABDO PQE Examination	Harsant, R (2007)	£10.00
Ophthalmic Lenses & Dispensing (3 rd)	Jalie, M (2008)	£95.00
Clinical Optics and Refraction	Keirl, A & Christie, C (2007)	£60.00
Practical Optical Dispensing (3 rd)	Wilson, D & Daras, S (2014)	£55.00

Communication in Ophthalmic Practice

Recommended Reading		
The Handbook of Communication Skills	Hargie, O (2006)	£68.00
Skilled Interpersonal Communication: Research - theory & practice (5 th)	Hargie, O & Dickson, D (2010)	£31.00
Skills for Communicating with Patients (3 rd)	Silverman, Kurtz & Draper (2013)	£30.00
Communication Skills for the Health Care Professional (2 nd)	Van Servellen, G (2008)	£51.00

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