

vision

noun

1. the faculty or state of being able to see.

synonyms: eyesight, sight, power of sight, faculty of sight, ability to see, power of seeing, powers of observation, observation, perception, visual perception;

2. the ability to think about or plan the future with imagination or wisdom.

synonyms: imagination, creativity, creative power, inventiveness, innovation, inspiration, intuition, perceptiveness, perception, breadth of view, foresight, insight, far-sightedness, prescience, discernment, awareness, penetration, shrewdness, sharpness, cleverness;

3. there are two eyes in vision

visionary

ABDO College Prospectus 2018–2019

keeping excellence in your sights



Face-to-face tuition,

led by **eminent** and appropriately **qualified lecturers**,
takes place at the **first class training facility**
in **KENT**

ABDO College

In 2001 the Association of British Dispensing Opticians (ABDO) established their own College, ABDO College, as a centre of excellence raising the standards in optical education for the whole profession.

ABDO College is based in Godmersham, Kent and specialises in distance and blended learning education for the optical profession. It is the only college in the UK devoted solely to the teaching of the theory and practical aspects of ophthalmic dispensing and its related specialist areas.

Offering a range of courses through Access, Diploma, Degree, Advanced and Honours, ABDO College provide members of the Association with quality programmes leading to ABDO examinations. Thus offering ABDO members the opportunity to enhance their own knowledge and career progression and enabling development for practice staff at many levels.

Devotion and care are coupled with extensive professional knowledge to equip students with the understanding and skills for their chosen progression. ABDO College has an impressive reputation for high standards and exemplary pass rates.

Face-to-face tuition, led by eminent and appropriately qualified lecturers, takes place at the first class training facility in Kent. The College, which is the centrepiece of the Godmersham Park estate, lies within 1,000 acres of beautiful Kent countryside and benefits from stunning views across the North Downs. Situated between Ashford and Canterbury, it is accessible by rail, bus and car and provides an ideal venue for study and reflection away from the pressures and demands of everyday practice life.

Distance learning coursework and supplementary material is provided by the dedicated courses team at ABDO College and helpful staff are always on hand to guide and support. The College also offers student accommodation for those visiting Godmersham for block release and day courses and the ABDO College Bookshop to fulfil all textbook requirements.

Courses

Available courses range from Access courses for those without GCSEs to advanced and honours courses allowing qualified professionals to specialise in specific fields of interest.

ABDO College provides courses that lead to the ABDO Diploma in Ophthalmic Dispensing (ie the FBDO qualification), awarded by the Association of British Dispensing Opticians. Many years of experience combined with a new approach and commitment to quality standards have helped ABDO College to be quickly recognised as a centre of excellence for optical education.

ABDO College strives to maintain the highest possible standards and to increase the standing of ophthalmic dispensing in the eyes of the profession, to raise public confidence and increase public understanding of the level of training achieved. In addition to this ABDO College prides itself in a dedication to maintaining a supportive and caring learning environment for all students at all levels.

Blended learning education allows students the tremendous benefit of applying contemporary teaching in a work environment therefore allowing for study that best suits the changing demands of both student and employer. The student will continue in paid employment for the duration of their studies thus reducing the need for additional finance and providing the opportunity to establish a credible career development portfolio.

HOW DO I APPLY?

For an information pack with details of the next intake, fees, deadline and an application form contact us by telephone, fax, email, post or via the ABDO College website www.abdocollege.org.uk.

4 Access courses

English

General Science

Human Biology

Mathematics

Optics and Dispensing

6 Ophthalmic Dispensing courses

Foundation Degree in Ophthalmic Dispensing

BSc (Hons) in Ophthalmic Dispensing

Fellowship Dispensing Diploma

BSc (Hons) Vision Science

Revision Courses

15 Contact Lens courses

Contact Lens Certificate

Contact Lens Practical Preparation

Contact Lens Honours

Revision Courses

23 Low Vision courses

Low Vision Honours

Revision Course

27 Revision courses

Distance learning revision courses

Revision courses held at Godmersham

30 ABDO College Student Accommodation

ABDO College Bookshop



If you require any further assistance please call
the **courses team** at ABDO College

01227 738 829 option 1

Access Courses

Access Courses available from ABDO College are designed to help prospective dispensing optician students to meet the necessary entry requirements. They are also a useful refresher for those who have been out of education for some time.

The entry requirements for the ABDO Level 6 Diploma in Ophthalmic Dispensing (FBDO) and the Canterbury Christ Church University Foundation Degree / BSc (Hons) in Ophthalmic Dispensing are five GCSEs at grade c or above, which must include English, maths and a science. Each passed access course is accepted in place of one GCSE.

The access courses are available in the key subjects of English, General Science, Human Biology, Mathematics, Optics and Dispensing.

Access Optics and Dispensing presents introductory level information to facilitate an initial understanding of these important disciplines. It is also therefore a particularly useful course for new staff induction and for practice reception staff.

Access courses run once a year starting in February and each course takes approximately 20 weeks. The timing is designed to align with entry to dispensing courses each September.

Access Courses are currently assessed by continuous assessment only and students are required to achieve an average mark of 70 per cent in their coursework assignments in order to pass.

ASSESSMENT

All Access courses are currently based on continuous assessment. A minimum of 80 per cent of the coursework must be submitted in order for the course to be considered completed. The pass mark is an average assignment mark of 70 per cent.



HOW DO I APPLY?

For an information pack with details of the next intake, fees, deadline and an application form contact us by telephone, fax, email, post or via the ABDO College website www.abdocollege.org.uk.

ENGLISH

Subjects

Words; Sentences; Punctuation; Review; Verbs (present tense); Verbs (past and future tense); Comprehension; Adjectives; Adverbs; Paragraphs; Note taking; Spelling; Reports; Letters; Essay writing; Essay planning; Curriculum Vitae

Duration 20 weeks

Recommended reading

Mature Students Guide to Writing – Jean Rose

The Sciences Good Study Guide – A Northedge, J Thomas, A Lane and A Peasgood

GENERAL SCIENCE

Subjects

Living things; Support and movement; Senses and responses; Our effect on the environment; Raw materials, elements and compounds; The environment – air and water; Particles; Metals and alloys; Acids, bases and salts; The chemical industry; Energy and fuels; Motion; Force; Energy transfers; Energy and waves; Light and colour

Duration 18 weeks

HUMAN BIOLOGY

Subjects

The Human Body; Circulation; The respiratory system; Food and digestion; The urinary system; The nervous system; The endocrine system; The skeletal system; Muscles; Resistance and immunity

Duration 17 weeks

Recommended reading

Anatomy & Physiology in Health & Illness (12th edition) – A Waugh / A Grant

MATHEMATICS

Subjects

Basic Arithmetic; Fractions; Ratio and Proportion; Decimals; Use of Calculators; Percentages; Graphs from Data; Basic Algebra; Expansion of brackets and Factorisation; Algebraic Fractions; Solution of Simple Equations; Formulae; Quadratic Equations; Simultaneous Equations; Graphs of Functions; Indices; Angles; Triangles; Trigonometry; Further trigonometry; Vectors

Duration 21 weeks

Essential reading

Countdown to Mathematics (Vol 1) – Lynne Graham and David Sargent

Recommended reading

Countdown to Mathematics (Vol 2) – L Graham / D Sargent

OPTICS AND DISPENSING

Subjects

Introduction to the eye; How the eye works; Maths revision; Electromagnetic spectrum, refractive index and refraction of light; Spherical lenses; Optical correction of refractive errors; Lens measure and lens thickness; Prescriptions and their transposition; Prisms; Bifocal and Multifocal Lenses; Lens materials and their properties; Lens tints and coatings; Facial and frame measurements; Frame selection and adjustment; Reflection of light

Duration 16 weeks

Essential reading

Practical Dispensing (3rd edition) – A I Griffiths

Recommended reading

Optics (2nd edition) – A H Tunncliffe / J G Hirst

Are there any special requirements?

Yes. You will need to have regular access to a computer and the internet, as your study material will be provided on a virtual learning platform.

HOW DO I GET MY BOOKS?

ABDO College have their own bookshop and sell all of the books that you will need for your course. Contact **Justin Hall** at the ABDO College Bookshop by telephone on **01227 733 904**, by email at jhall@abdocollege.org.uk or order online at www.abdocollege.org.uk.

Ophthalmic Dispensing Courses

ABDO College offers two routes to become a dispensing optician:

- Canterbury Christ Church University Degree
- Fellowship Dispensing Diploma

These are both 'blended learning courses', they are both delivered by ABDO College and they both lead to registration with the General Optical Council as a dispensing optician.

What is a dispensing optician?

The profession of ophthalmic dispensing is over 250 years old. As in the past, the supply of spectacles and other visual aids is important to a modern society. Of prime concern to every qualified dispensing optician (DO) is the visual comfort of the patient.

A prescription issued by an ophthalmic medical practitioner or optometrist following an eye examination states the measure of the degree of error in the patient's sight; the DO's skill and expertise lies in the interpretation of this prescription. From the prescription the DO is able to supply an accurate aid to the patient's vision; either spectacles or other appropriate appliances.

The work of the dispensing optician involves prescription analysis, advice on lens type and styling of frames,

and taking frame, facial and lenses measurements. Before any finished spectacles are deemed acceptable for a patient, they must be checked to ensure they correspond to the prescription and final ordered specifications, and are suitable for the conditions in which they will be used. After the patient has received the new spectacles and has been instructed in how to get the best results from them, the DO is always available to offer advice and effect adjustments and repairs if necessary.

The supply and fitting of contact lenses involves different processes to fitting spectacles, and after completion of the standard course, advanced courses are run for those wishing to specialise in the subject.

Registration with the General Optical Council as a dispensing optician is obtained after qualifying for ABDO Level 6 Diploma in Ophthalmic Dispensing (enabling the use of 'FBDO' after the DO's name).

Dispensing optics offers immense job satisfaction to people who are interested in combining a profession in health and social care with a mathematical/scientific knowledge base and enjoy interacting directly with the public.



To become a dispensing optician you will also need to complete a Pre-Qualification Portfolio (PQP). This portfolio is made up of a set number of case records that you build up over a three-year period and makes up a part of your final examinations. This will all be explained when you attend for your first block release and we will issue the PQP to all students.

What is blended learning?

The dispensing courses are delivered by a method called ‘blended learning’ that consists of practice-based learning, block release and distance learning coursework.

How does distance learning study work?

Coursework material will be provided via a virtual online learning platform and there will be assignment questions to answer for each part of the course. We will also allocate you a personal tutor and send you their contact details and a timetable for you to work to. There are 32 units of coursework and you will work through one each week. You then send your work to your personal tutor who will mark it for you and return it to you with some feedback through the platform. You can expect

this coursework to take you between 10 and 15 hours per week and you will need to be disciplined to make sure you keep up.

For the degree courses there is also additional learning material and assessment by electronic means. The virtual learning platform provides additional resources, peer support and digital drop box for your complete assessment work. This work will be guided by the module leader.

What is block release?

Block release is a two week period of intensive study that will support you with your theory and practical studies and give you the chance to meet some of your fellow students. There will be two of these block release periods in each year. Block release is held at ABDO College in Godmersham, Kent and it is a compulsory part of the course for all students from the UK and ROI.

What is practice-based learning?

While you are studying for your FBDO you will be training full-time. This training consists not just of your block release and distance learning coursework but also of your learning in practice with your supervisor. You and your supervisor will be issued with a Practical Training Timetable to guide you both through this part of your training.

You will also need to complete a Pre-Qualification Portfolio (PQP). This portfolio is made up of a set number of case records that you build up over a three-year period and makes up a part of your final examinations. This will all be explained when you attend for your first block release and we will issue the PQP to all students.

Foundation Degree/BSc (Hons) in Ophthalmic Dispensing

How long is the degree course?

The programme is made up of two parts and takes three years in all. The first two years form the Foundation Degree in Ophthalmic Dispensing. In the third year you have a choice of completing a BSc (Hons) in Ophthalmic Dispensing and the FBDO or just the FBDO. We will discuss the options open to you and help you to choose a suitable course when the time comes. In both cases you will complete the examinations set by the Association of British Dispensing Opticians in order to qualify as a dispensing optician. Your initial application will be for the two year Foundation Degree.

What will I learn on this course?

There are six, twenty credit, modules in each of the first two years. They are all compulsory.

In the first year the modules are:

- Foundations for Learning
- Introduction to Optics
- Introduction to Ophthalmic Lenses
- Theory of General Optics
- Theory of Ophthalmic Lenses
- Communication in Ophthalmic Practice

In the second year the modules are:

- Evidence Based Ophthalmic Practice
- Standards of Practice
- Advanced Theory of Ophthalmic Lenses
- Ocular Anatomy & Physiology
- Theory of Ophthalmic Dispensing
- Paediatric Dispensing

The third year will depend on which option you choose; however, both courses will include Refractive Management, Low Vision and Contact Lenses.

The Foundation Degree and BSc (Hons) courses are based around the ABDO Syllabus and the GOC Core Curriculum for Dispensing Opticians. Both of these documents are available on request from the appropriate body.

Who is running the course?

ABDO College and Canterbury Christ Church University (CCCU) are running the Foundation Degree and BSc (Hons) courses together as partners. You would be a student with both.

Who is it aimed at?

The degree course route is for trainee dispensing opticians working in practice in the UK or Ireland who are interested in advancing their optical knowledge and gaining an internationally recognised qualification.

Do I have to be working in practice?

Yes. It is essential that you are working in practice and involved in a comprehensive variety of tasks in order to gain the necessary practical experience. You need a supervisor and the support of your employer.

Are there any special requirements?

Yes. You will need to have regular access to a computer and the internet, as your study material will be provided on a virtual learning platform.

What qualifications do I need to start the Foundation Degree?

You will need to have five GCSEs of grade c or above in English, mathematics, science and two other subjects. You need to have evidence of recent study (within the last five years) and/or experience in practice of five years or more.

What should I do if I don't have these qualifications?

Call us and we can talk through your options with you; you may need to take Access Courses first.

Do I have to be a member of ABDO?

Yes, you will need to retain student membership for the duration of your course.

Do I have to register with the General Optical Council?

Yes. Student registration will cost £30.* You will need to visit the GOC website and complete your application directly with the GOC.

**Correct at time of going to print.*

Are there any other courses in dispensing?

Yes. ABDO College also run a Fellowship Dispensing Diploma course by blended learning. This course takes three years and also prepares students for ABDO examinations to become a dispensing optician. The difference is that the diploma course is not accredited by a university and will not give you a recognised academic qualification.

Will I be a dispensing optician at the end of the degree programme?

Yes. If you want to become a dispensing optician, and we hope that you do, you will have to study for three years and take external (ABDO) examinations. Success in these examinations will allow you to register with the General Optical Council as a dispensing optician.

HOW DO I APPLY?

For an information pack with details of the next intake, fees, deadline and an application form contact us by telephone, fax, email, post or via the ABDO College website www.abdocollege.org.uk.

What books will I need for this course?

Foundation Degree Year 1

Essential reading

Cite Them Right – R Pears & G Shields

The Study Skills Handbook
(3rd edition) – S Cottrell

*Foundations in Nursing and Health Care:
Beginning reflective practice* – M Jasper

Optics (2nd edition) –
A H Tunnacliffe / J G Hirst

Practical Ophthalmic Lenses
(3rd edition) – M Jalie / L Wray

Essentials of Dispensing
(2nd edition) – A H Tunnacliffe

Worked Problems in Optics
(2nd edition) – A H Tunnacliffe

Worked Problems in Ophthalmic Lenses
(3rd edition) – A H Tunnacliffe / J G Hirst

Ophthalmology Lecture Notes
(11th edition) – B James & A Bron

The Principles of Ophthalmic Lenses
(5th edition) – M Jalie

Practical Dispensing (3rd edition) –
A I Griffiths

Frame Rule with Instruction Manual (ABDO)

British Standards Extracts (BSI/ABDO)

Recommended Reading

*A Handbook of Reflective and
Experiential Learning* – J Moon

*Critical Thinking: An exploration of
theory and practice* – J Moon

How to Find Information – S Rumsey

*How to Read a Paper: The basics of
evidence based medicine* – T Greenhalgh

*Skills for Success: The personal
development planning handbook* –
S Cottrell

The Handbook of Communication Skills –
O Hargie

*Skilled Interpersonal Communication:
Research – theory and practice*
(4th edition) – O Hargie & D Dickson

Skills for Communicating with Patients –
Siverman, Kurtz & Draper

*Communication Skills for the Health
Care Professional* – G Van Servellen

Facial Measurement Gauge –
Paul Fairbanks FSMC

Reading lists for the Foundation Degree
Year 2, BSc (Hons) Year 3 and additional
background reading are available from
the ABDO College Bookshop.

What should I do if I am not sure whether this is the right course for me?

Call us. We are happy to answer
questions about the available courses
from ABDO College and to provide you
with all the information you need to
make an informed decision.

Who should I call if I have questions or need help filling in the forms?

Call the courses team at ABDO College
on 01227 733 920. Any member of the
team will be happy to help you.

What should I do if I am interested in applying for the degree?

Talk to your employer straight away.
There are a limited number of spaces
on the degree course and when it
is full, it is full! Your employer will
need to provide you with a dedicated
supervisor to work with you and
help you with your training in practice.
If your employer or supervisor has
any questions they should call us.

CANTERBURY CHRIST CHURCH UNIVERSITY

Canterbury Christ Church University (CCCU) is a modern, multi-campus university offering higher and professional education across key Kent and Medway locations: Canterbury, Broadstairs, Medway and Tunbridge Wells.

It has a strong community of 17,000 students and 2,000 staff, studying and teaching across four faculties: Arts and Humanities, Education, Health and Wellbeing, and Social and Applied Sciences.

Christ Church was established in 1962 and is a Church of England Foundation University, welcoming all faiths and none. Today, the University continues to shape courses and research around critical social issues and public service need.

Nearly 90 per cent of its research submitted to the 2014 Research Excellence Framework (REF) was assessed as world-leading, internationally significant or internationally recognised, and 95 per cent of CCCU UK undergraduates and 98 per cent of postgraduates were in employment or further study within six months of completing their studies* (*DLHE Survey 2013/14. Includes full-time and part-time.), with 9 out of 10 of the employed graduates in graduate level jobs three-and-a-half years after finishing their studies – higher than the national average.

To find out more visit www.canterbury.ac.uk.



Fellowship Dispensing Diploma

How long is the diploma course?

The course is three years and prepares students for the fellowship diploma examinations (FBDO). The course is made up of units of work, assignment questions, block release study and practice-based learning.

What will I learn on this course?

The Fellowship Dispensing Diploma course is based around the ABDO Syllabus and the GOC Core Curriculum for Dispensing Opticians. Both of these documents are available on request from the appropriate body.

Year 1

Theory:

Ophthalmic Lenses,
Optics,
Professional Conduct
and Communication.

Practical:

Ophthalmic Dispensing Practice

Year 2

Theory:

Theory in Ophthalmic Dispensing,
Advanced Theory of Ophthalmic Lenses,
Abnormal Ocular Conditions
and Standards of Practice,
Ocular Anatomy,
Paediatric Dispensing
and Communication.

Year 3

Theory:

Refractive Management,
Low Vision and Contact Lenses.

Practical:

Advanced Ophthalmic
Dispensing Practice.

Who is running the course?

ABDO College.

Who is it aimed at?

The diploma course is for trainee dispensing opticians working in optical practice in the UK, Ireland or overseas who are interested in advancing their optical knowledge but do not want to achieve a university degree.

Do I have to be working in practice?

Yes. It is essential that you are working in practice and involved in a comprehensive variety of tasks in order to gain the necessary practical experience. You need a supervisor and the support of your employer.

Are there any special requirements?

Yes. You will need to have regular access to a computer and the internet, as your study material will be provided on a virtual learning platform.

What qualifications do I need to start the Fellowship Dispensing Diploma course?

You will need to have five GCSEs of grade c or above in English, mathematics, science and two other subjects. You need to have evidence of recent study (within the last five years) and/or experience in practice of five years or more.

What should I do if I don't have these qualifications?

Call us and we can talk through your options with you. Perhaps you will need to take Access Courses first?

Do I have to be a member of ABDO?

Yes, you will need to retain student membership for the duration of your course.

Do I have to register with the General Optical Council?

Yes. Student registration will cost £30.* You will need to visit the GOC website and complete your application directly with the GOC.

**Correct at time of going to print.*

Are there any other courses in dispensing?

Yes. ABDO College also run a Foundation Degree and BSc (Hons) course by blended learning. This course takes three years and also prepares students for ABDO examinations to become a dispensing optician. The difference is that the degree course is accredited by a university and will give you a recognised academic qualification.

Will I be a dispensing optician at the end of the diploma programme?

Yes. If you want to become a dispensing optician, and we hope that you do, you will have to study for three years and take external (ABDO) examinations. Success in these examinations will allow you to register with the General Optical Council as a dispensing optician.

HOW DO I APPLY?

For an information pack with details of the next intake, fees, deadline and an application form contact us by telephone, fax, email, post or via the ABDO College website www.abdocollege.org.uk.

What books will I need for this course?

Essential reading

Optics (2nd edition) –

A H Tunnacliffe / J G Hirst

Essentials of Dispensing

(2nd edition) – A H Tunnacliffe

Worked Problems in Optics

(2nd edition) – A H Tunnacliffe

Worked Problems in Ophthalmic Lenses

(3rd edition) –

A H Tunnacliffe / G D Janney

Ophthalmology Lecture Notes

(12th edition) – B James & A Bron

The Principles of Ophthalmic Lenses

(5th edition) – M Jalie

Practical Dispensing (3rd edition) –

A I Griffiths

Frame Rule with Instruction Manual

(ABDO)

British Standards Extracts (BSI/ABDO)

Recommended reading

Dictionary of Optometry & Visual Science

(7th edition) – M Millodot

Practical Ophthalmic Lenses

(3rd edition) – M Jalie / L Wray

The Sciences Good Study Guide –

A Northedge, J Thomas, A Lane

and A Peasgood

How do I get my books?

ABDO College have their own bookshop and sell all of the books that you will need for your course.

Contact Justin Hall at the ABDO College Bookshop by telephone on 01227 733 904, by email at jhall@abdocollege.org.uk or order online at www.abdocollege.org.uk.

What should I do if I am not sure whether this is the right course for me?

Call us. We are happy to answer questions about the available courses from ABDO College and to provide you with all the information you need to make an informed decision.

Who should I call if I have questions or need help filling in the forms?

Call the courses team at ABDO College on 01227 733 921. Any member of the team will be happy to help you.

What should I do if I am interested in applying for the diploma?

Talk to your employer straight away. There are a limited number of spaces on the course and when it is full, it is full! Your employer will need to support you and you will need a dedicated supervisor to work with you and help you with your training in practice. If your employer or supervisor has any questions they should call us.



BSc (Hons) in Vision Science

This programme has been specifically designed for dispensing opticians, ideally working in practice, who are motivated to obtain a degree that is tailored to their profession.

Programme aims

The aim of the programme is to up-skill diploma DOs to obtain a profession specific BSc (Hons) degree, thus acquiring the skills necessary to adapt to the changing scope of practice.

The degree is made up of core modules and optional modules. The three core modules (60 credits) aim to facilitate the development of a reflective practitioner, who has the ability to utilise evidence based practice and a commitment to lifelong learning. The remaining 60 credits are made up of three profession specific optional modules, which allows tailoring the degree to specific areas of interest eg for a contact lens optician who no longer dispenses spectacles.

What will I learn on this course?

A list of available optional modules will be provided prior to the start of the programme, so that initial decisions can be made around choosing modules and helping to plan the order of study, over the duration of the programme. The core modules will develop academic graduate attributes, including reflective practice, evidence based practice and research methods. The final core module will offer the chance to research a chosen area of practice.

Core Modules – each worth 20 credits

- Academic Skills Development
- Understanding Evidence Based Practice
- Transforming Ophthalmic Practice

Optional Modules – each worth 20 credits

Three optional modules, chosen from the list below, will need to be completed to obtain your BSc (Hons):

- Concepts of Ophthalmic Public Health
- Dry Eye and Ocular Surface Disorders
- Principles of Contact Lens Practice
- Principles of Low Vision Practice
- Paediatric Care
- Independent Study

How long is the course?

The standard route through the programme will be 18 months / three semesters, which is based on you undertaking two modules per semester. The maximum amount of time available to complete the programme is four years from the date of first registration as a part-time student.

A typical student journey

	Semester 1	Semester 2	Semester 3
Core	Academic Skills Development	Principles of Low Vision Practice <i>or</i> Principles of Contact Lens Practice	Dry Eye & Ocular Surface Disorders <i>or</i> Concepts of Ophthalmic Public Health
Profession specific	Understanding Evidence Based Practice	Paediatric Care <i>or</i> Independent Study	Transforming Ophthalmic Practice

HOW DO I APPLY?

For an information pack with details of the next intake, fees, deadline and an application form contact us by telephone, fax, email, post or via the ABDO College website www.abdocollege.org.uk.

How does distance learning study work?

The learning approach for this programme is via online distance learning. Modules will be delivered using online material (including voiceover presentations), online activities, contributions to discussion boards, development of an e-portfolio and the search and critiquing of literature.

Although there will be no face-to-face teaching, there will be an expectation to contribute to online discussions with fellow students, facilitated by academic staff. This online collaboration aids in building a supportive learning community. It is therefore essential to have regular access to the internet.

There will be access to the University's virtual learning environment called 'Blackboard'. This student portal provides a gateway to all services in one place and it is therefore essential to own, or have regular access to, a personal computer with a broadband internet connection.

Who is running this course?

ABDO College and Canterbury Christ Church University (CCCU) are running the BSc (Hons) in Vision Science together as partners. You would be a student with both.

Do I have to be working in practice?

Ideally, you should be working in practice as a dispensing optician, because the profession specific modules aim to link in with practical experience in the workplace and reflect on what is best practice.

CANTERBURY CHRIST CHURCH UNIVERSITY

Canterbury Christ Church University (CCCU) is a modern, multi-campus university offering higher and professional education across key Kent and Medway locations: Canterbury, Broadstairs, Medway and Tunbridge Wells.

It has a strong community of 17,000 students and 2,000 staff, studying and teaching across four faculties: Arts and Humanities, Education, Health and Wellbeing, and Social and Applied Sciences.

Christ Church was established in 1962 and is a Church of England Foundation University, welcoming all faiths and none. Today, the University continues to shape courses and research around critical social issues and public service need.

Nearly 90 per cent of its research submitted to the 2014 Research Excellence Framework (REF) was assessed as world-leading, internationally significant or internationally recognised, and 95 per cent of CCCU UK undergraduates and 98 per cent of postgraduates were in employment or further study within six months of completing their studies* (*DLHE Survey 2013/14. Includes full-time and part-time.), with 9 out of 10 of the employed graduates in graduate level jobs three-and-a-half years after finishing their studies – higher than the national average.

To find out more visit www.canterbury.ac.uk.



What qualifications do I need to start the BSc (Hons) in Vision Science?

To be eligible to undertake this programme you will need to provide evidence of passing the QCA Level 6 Fellowship Diploma (FBDO) final qualifying examinations (FQEs).

Do I have to be a member of ABDO?

Yes, you will need to retain full membership for the duration of your course.

Do I have to register with the General Optical Council?

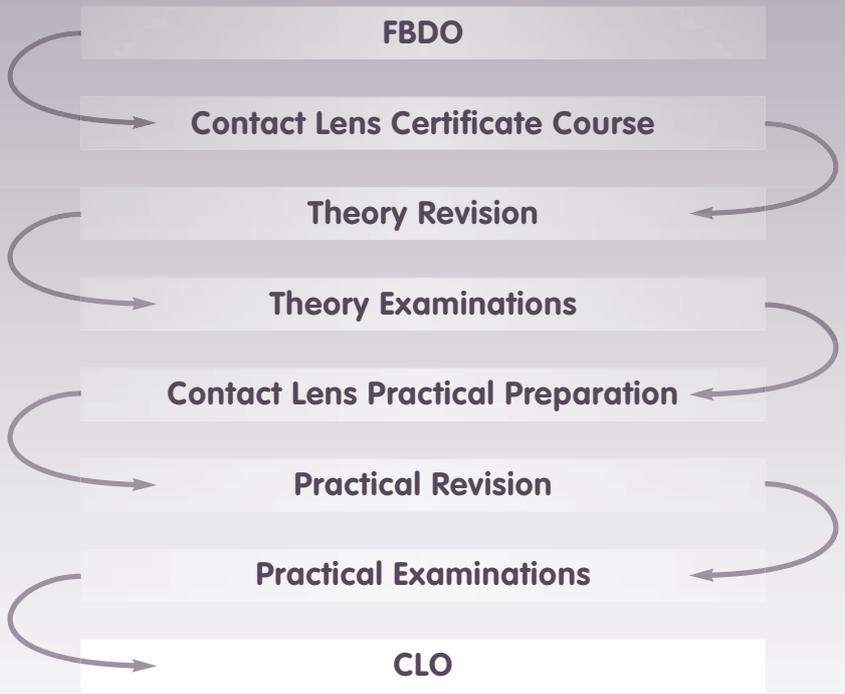
Yes, as a practicing dispensing optician, it is essential that you retain full registration for the duration of your course.

What qualification will I achieve at the end of the course?

BSc (Hons) in Vision Science.



ROUTE FOR A DISPENSING OPTICIAN TO BECOME A CONTACT LENS OPTICIAN



Contact Lens Courses

WHAT IS A CONTACT LENS OPTICIAN?

A contact lens optician (CLO) is a specialist practitioner who is trained and qualified to fit, and provide aftercare for, patients with contact lenses. Contact lens opticians assess whether contact lenses meet the needs of their patient, resolving clinical and tolerance issues, and remain responsible for clinical decisions enabling them to provide continuity of care to their patients.

The contact lens specialty is open to dispensing opticians (as well as optometrists and ophthalmologists) and involves extra study and clinical practice. Once the specialist training is completed and competence assessed, practitioners must register their specialty with the General Optical Council. They are then able to perform additional duties to those of a dispensing optician.

WHAT COURSES ARE AVAILABLE?

14 Contact Lens Certificate

17 Contact Lens Practical Preparation

18 Contact Lens Honours

26 Contact Lens Theory Revision (Distance Learning) – See Revision Courses

27 Theory and Practical Revision (held at Godmersham) – See Revision Courses

Contact Lens Certificate

What will I learn on this course?

The Contact Lens Certificate course is based around the ABDO Syllabus and the GOC Contact Lens Core Competencies. Both of these documents are available on request from the appropriate body.

The three key areas of theory study are:

1. Ocular Anatomy, Physiology and Related Pathology; eyelids, pre-corneal tear film, lacrimal system, cornea, sclera, conjunctiva and anterior chamber.
2. Visual Optics; instrumentation and emerging technology, refractive techniques, the optics of the eye and the optics of contact lenses.
3. Contact Lens Practice; instrumentation, clinical procedures, abnormal conditions, design, materials, manufacture and related terminology, clinical application of all contact lens types, solutions and drugs.

The practical elements are; initial assessment, soft contact lens fitting, RGP contact lens fitting, complex lenses, aftercare routine and management, verification and identification.

How long is this course?

The theory course takes one academic year. Beyond this there is a requirement to develop patient case records and many students take an additional six months – one year before undertaking the practical examinations.

What level is this course?

The ABDO Contact Lens Certificate is an 'advanced level' qualification that has been accredited by Ofqual (Office of Qualifications and Examinations Regulation) as level 6 on the National Qualifications Framework (NQF). This means that it is the same academic level as a Bachelors degree with honours.

What is blended learning?

This Contact Lens Certificate course is delivered by a method called 'blended learning' that consists of practice based learning, block release and distance learning coursework.

How does distance learning study work?

We will provide coursework material to work through and some assignment questions to answer for each part of the course. We will also allocate you a personal tutor and send you their contact details and a timetable for you to work to. There are 32 units of coursework and you will work through one each week. As the course is at advanced level, you will also need to



HOW DO I APPLY?

For an information pack with details of the next intake, fees, deadline and an application form contact us by telephone, fax, email, post or via the ABDO College website www.abdocollege.org.uk.

undertake some additional research and read around the subject in order to gain a thorough understanding of the subject. You then send your work to your personal tutor who will mark it for you and return it to you with some feedback. You can expect this coursework to take you approximately 15 hours per week and you will need to be disciplined to make sure you keep up.

What is block release?

Block release is a one week period of intensive study that will support you with your theory and practical studies and give you the chance to meet some of your fellow students. There will be two of these block release periods in the year. Block release is held at ABDO College in Godmersham, Kent and it is a compulsory part of the course for all students.

What is practice-based learning?

While you are studying your Contact Lens Certificate you will be training in contact lens practice. This training consists not just of your block release and distance learning coursework but also of your learning in practice with your supervisor.

You and your supervisor will be issued with a workbook to guide you both through this part of your training. You will learn practical skills from your supervisor and work with patients in practice (under supervision) to perfect these skills.

To become a contact lens optician you will also need to complete a set number of case records that you build up over a one-year period and makes up a part of your final examinations.

Who is running this course?

ABDO College.

Who is this course for?

The Contact Lens Certificate course is for qualified dispensing opticians, optometrists or ophthalmologists that have a specialist interest in working with patients in a clinical environment to provide a wide range of available services.

Do I have to be working in practice?

Yes, you must be working in practice as a trainee contact lens optician for a minimum of one day a week. It is essential that you are gaining practical experience to support your theory learning and developing practical skills in contact lens practice.

What qualifications do I need to start the Contact Lens Certificate course?

You must hold the ABDO Level 6 Diploma in Ophthalmic Dispensing (FBDO) or be a qualified optometrist.

What should I do if I don't have these qualifications?

If you are unsure about your eligibility to undertake the CL Certificate course please call us and we will be happy to discuss your options with you.

Do I have to be a member of ABDO?

Yes, you will need to retain full membership for the duration of your course.

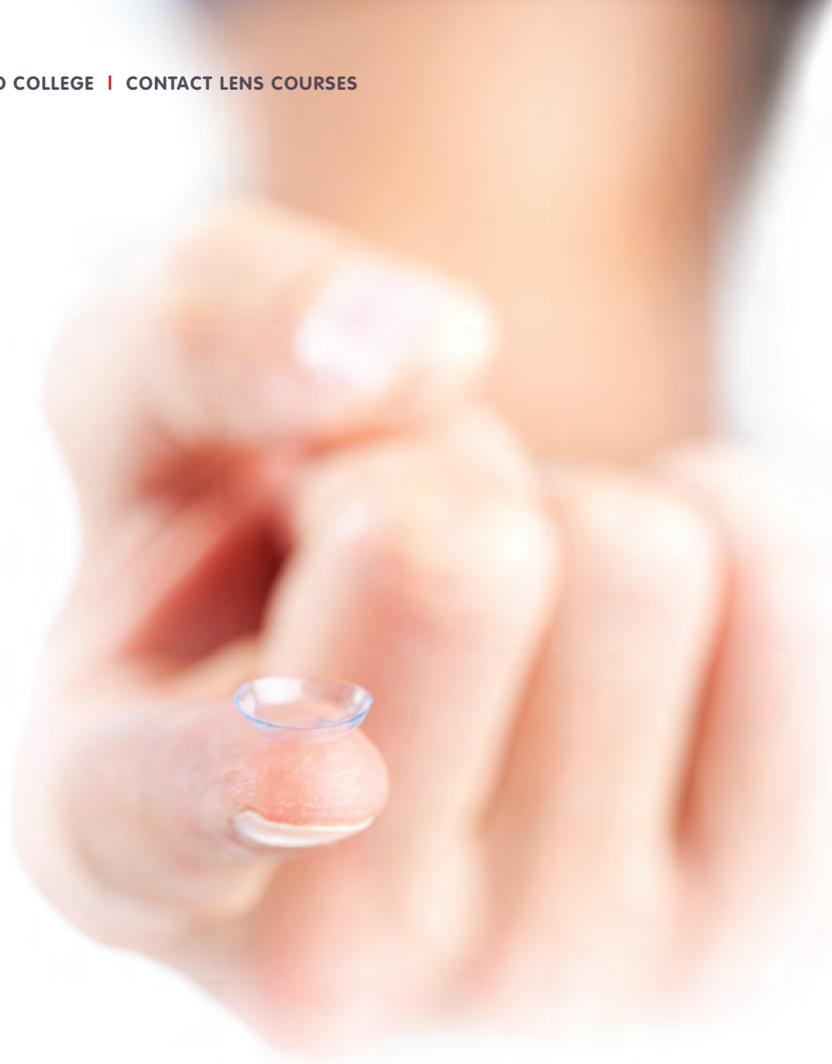
Do I have to register with the General Optical Council?

Yes, as a practicing dispensing optician or optometrist, it is essential that you retain full registration for the duration of your course.

What qualification will I achieve at the end of the Contact Lens Certificate programme?

The Contact Lens Certificate course run by ABDO College prepares students for the Contact Lens Certificate examinations available from the Association of British Dispensing Opticians.

Currently this course is paper-based, but will be an online course in the future. At this point you will need regular access to a computer and the internet.



What books will I need for this course?

Essential reading

- Abnormal Ocular Conditions* (2nd Edition) – D M Pipe / L J Rapley
- Ocular Anatomy & Histology* (3rd Edition) – D M Pipe / L J Rapley
- Manual of Monocular Subjective Refraction* – H Freeman
- Contact Lens Complications* – (2nd Edition) – N Efron
- Contact Lens Manual* (4th edition) – Gasson / Morris
- Contact Lenses* (5th Edition) – Phillips and Speedwell
- Clinical Anatomy and Physiology of the Visual System* (3rd edition) – Lee Ann Remington
- Dictionary of Optometry & Visual Science* (7th edition) – M Millodot
- Ocular Surface Disease* – M Mannis, E Holland, W Barry Lee

Recommended reading

- British National Formulary* – British Medical Association
- Contact Lenses A–Z* – Efron
- Cornea Atlas* (3rd Edition) – J. Krachmer MD and D. Palay MD
- Contact Lens Practice* (3rd edition) – Nathan Efron

How do I get my books?

ABDO College have their own bookshop and sell all of the books that you will need for your course. Contact Justin Hall at the ABDO College Bookshop by telephone on 01227 733 904, by email at jhall@abdocollege.org.uk or order online at www.abdocollege.org.uk.

What should I do if I am not sure whether this is the right course for me?

Call us. We are happy to answer questions about the available courses from ABDO College and to provide you with all the information you need to make an informed decision.

We may also be able to put you in touch with other members who have previously completed this course.

Who should I call if I have questions or need help filling in the forms?

Call the courses team at ABDO College on 01227 733 921. Any member of the team will be happy to help you.

What should I do if I am interested in applying for the Contact Lens Certificate course?

Talk to your employer straight away. Your employer will need to support you and you will need a dedicated supervisor to work with you and help you with your training in practice. If your employer or supervisor has any questions they should call us.

Contact Lens Practical Preparation

Who is this course for?

Contact Lens Practical Preparation is for students who have completed the Contact Lens Certificate Course with ABDO College, taken their theory exams and are ready to start working towards practical exams next year. It is to help you know where to get started, what to do next and to advise you of the legal and examination requirements.

What will I learn on this course?

The Contact Lens Practical Preparation course has been designed to guide and support students in preparation for contact lens certificate practical examinations.

The programme will include:

1. Revision Lectures

Instrumentation
RGP & soft lens fitting
Aftercare consultations
Management of common aftercare issues

2. Practical Hands-On Sessions

Slit-lamp examinations
RGP fitting
Soft lens fitting
Over-refraction

3. Tutorial Sessions

The legal implications
How to plan the time until the exam
Case record preparation
The practical examination

Please note

Contact Lens Practical Preparation is **not** a pre-examination revision course for those sitting practical examinations this year – it is a preparation course for students planning to sit their practical exams at the summer or winter sessions next year. For revision courses please see pages 25 to 27.

How long is this course?

Contact Lens Practical Preparation is a two day course held at Godmersham.

Who is running this course?

ABDO College.

Do I have to be working in practice?

Although not an essential course requirement, it is preferable that you are gaining practical experience (under supervision) to support your learning and developing practical skills in contact lens practice.

What qualifications do I need to attend the Contact Lens Practical Preparation course?

Applicants will normally have sat the ABDO contact lens certificate theory examinations.

What should I do if I don't have these qualifications?

If you are unsure about your suitability to attend Contact Lens Practical Preparation please call us and we will be happy to discuss your options with you.

Do I have to be a member of ABDO?

Yes, you will need to retain full membership for the duration of your course.

Do I have to register with the General Optical Council?

Yes, it is essential that you retain full registration as a practicing dispensing optician for the duration of your course.

What should I do if I am not sure whether this is the right course for me?

Call us. We are happy to answer questions about the available courses from ABDO College and to provide you with all the information you need to make an informed decision.

Who should I call if I have questions or need help filling in the forms?

Call the courses team at ABDO College on 01227 733 921. Any member of the team will be happy to help you.

Contact Lens Honours

What will I learn on this course?

The Contact Lens Honours course has been designed to guide and support those interested in attaining a higher contact lens qualification and to prepare students for the ABDO 'Advanced Diploma in Contact Lens Practice' examinations. Students are expected to develop current knowledge, skills and experience in the specialist field of contact lens practice at a more advanced level than the Contact Lens Certificate. Examination candidates will be assessed on their practical ability and knowledge of modern contact lens practice including fitting complex lenses and advanced contact lens aftercare.

The five key areas of study are:

- A. Toric Lens Fitting
- B. Presbyopia Correction
- C. Remedial Fittings
- D. Current Knowledge
- E. Case Records

How long is this course?

The course contains a block programme (two days at Godmersham) which will include both lecture and practical sessions, astigmatic and presbyopic correction, remedial fittings, over-refraction techniques and case record formats. It will also address the various forms of assessment within the ABDO examination.

Revision of the theoretical element of the various subject areas will be supported by the distance learning programme. Students will be expected to complete four assignments on a monthly basis.

Lastly, a pre-examination day will involve a mixture of formats designed to assess theory and practical knowledge in preparation for the examination.

What level is this course?

The ABDO Diploma in Advanced Contact Lens Practice is an 'honours level' qualification that has been accredited by Ofqual (Office of Qualifications and Examinations Regulation) as level 7 on the National Qualifications Framework (NQF). This means that it is at the same academic level as a Masters degree or postgraduate certificate (ie M level credits).

How does distance learning study work?

When you attend for your block programme we will give you some coursework material to work through and some assignment questions to answer. We will also allocate you a personal tutor and give you their contact details and a timetable for you to work to. There are four units of coursework and you will work through one each month. You then send your work to your personal tutor who will mark it for you and return it to you with some feedback. As the course is at honours level, you will need to undertake some additional research and read around the subject in order to gain a thorough understanding of the subject. You will need to be disciplined to make sure you keep up!

Who is running this course?

ABDO College.

Who is this course for?

The Contact Lens Honours course is for qualified contact lens opticians who are interested in developing their knowledge and skills to a more advanced level to achieve the Advanced Contact Lens Diploma of the Association.

Do I have to be working in practice?

Although not an essential course requirement, it is preferable that you are gaining practical experience to support your learning and developing advanced practical skills in contact lens practice.

What qualifications do I need to start the Contact Lens Certificate course?

You must hold the ABDO Certificate in Contact Lens Practice (FBDO CL). You must also provide evidence of a minimum period of 12 months experience in contact lens practice following achievement of the Certificate in Contact Lens Practice and be on the GOC Contact Lens Speciality Register.

What should I do if I don't have these qualifications?

If you are unsure about your eligibility to undertake the Contact Lens Honours course please call us and we will be happy to discuss your options with you.

Do I have to be a member of ABDO?

Yes, you will need to retain full membership for the duration of your course.

Do I have to register with the General Optical Council?

Yes, as a practicing dispensing optician, it is essential that you retain registration with contact lens speciality for the duration of your course.

What qualification will I achieve at the end of the Contact Lens Honours course?

The Contact Lens Honours course run by ABDO College prepares students for the Diploma in Advanced Contact Lens

HOW DO I APPLY?

For an information pack with details of the next intake, fees, deadline and an application form contact us by telephone, fax, email, post or via the ABDO College website www.abdocollege.org.uk.

Practice examinations available from the Association of British Dispensing Opticians which leads to the FBDO (Hons) CL qualification.

What should I do if I am not sure whether this is the right course for me?

Call us. We are happy to answer questions about the available courses from ABDO College and to provide you with all the information you need to make an informed decision. We may also be able to put you in touch with other members who have previously completed this course.

Who should I call if I have questions or need help filling in the forms?

Call the courses team at ABDO College on 01227 738 829 option 1. Any member of the team will be happy to help you.

Please note this course is only run periodically.



'A person with low vision is one who has
impairment of visual functioning

even after treatment and/or standard refractive correction and has a visual acuity of less than 6/18 to light perception, or a visual field of less than 10° from the point of fixation, but who uses, or is potentially able to use, vision for the planning and/or execution of a task.'

According to the World Health Organisation (1993)

Low Vision Courses

WHAT IS LOW VISION?

There are two categories of registration for people with visual impairment; sight impaired (partially sighted) and severely sight impaired (blind). The categorisation is dependant upon a combination of the patient's visual acuity and available visual field and does not necessarily mean that they are unable to see anything.

Visual impairment can affect children, adults and elderly people and can be caused by congenital conditions, injury or illness. Eye conditions leading to visual impairment include cataract, glaucoma, diabetic retinopathy, macular degeneration and retinitis pigmentosa.

Management of the related conditions and support for people with visual impairment may involve a multi-disciplinary team including ophthalmologists, optometrists and dispensing opticians as well as GPs, rehabilitation workers, social workers, teachers and charity network facilitators.

WHY SPECIALISE IN THE FIELD OF LOW VISION?

People with visual impairment, and their relatives, need to understand more about their eye condition and the difficulties that people with low vision experience on a daily basis. The World Health Organisation estimates that there are approximately 124 million people in the world with low vision of whom about a quarter would benefit from low vision services. Eye care practitioners must provide a quality service sensitive to the individual needs of those who are sight impaired, helping them to attain the highest level of independence.

This is an interesting field of clinical practice spanning ocular pathology, epidemiology, lighting, optical design, psychological adaptation and devices for sensory substitution.

WHAT COURSES ARE AVAILABLE?

23 Low Vision Honours

26 Theory Revision (Paper One) Optics – See Revision Courses

Low Vision Honours

What will I learn on this course?

Objective and subjective refraction, low vision assessment and registration procedures, magnification, availability and use of magnifiers, psychological impact of visual loss, appliances and training for the patient with low vision, contrast sensitivity, illumination & filters, ocular pathology and low vision, rehabilitation and living with visual impairment, collation of case records for examination purposes.

How long is this course?

The theory course runs from January to July each year and includes a short period of intensive study (four days) at Godmersham. It is expected that students will sit theory examinations in the subsequent September. Case records and preparation for practical examinations will be dependent on the number of patients that the student is able to assess and may therefore be taken at a later date.

What level is this course?

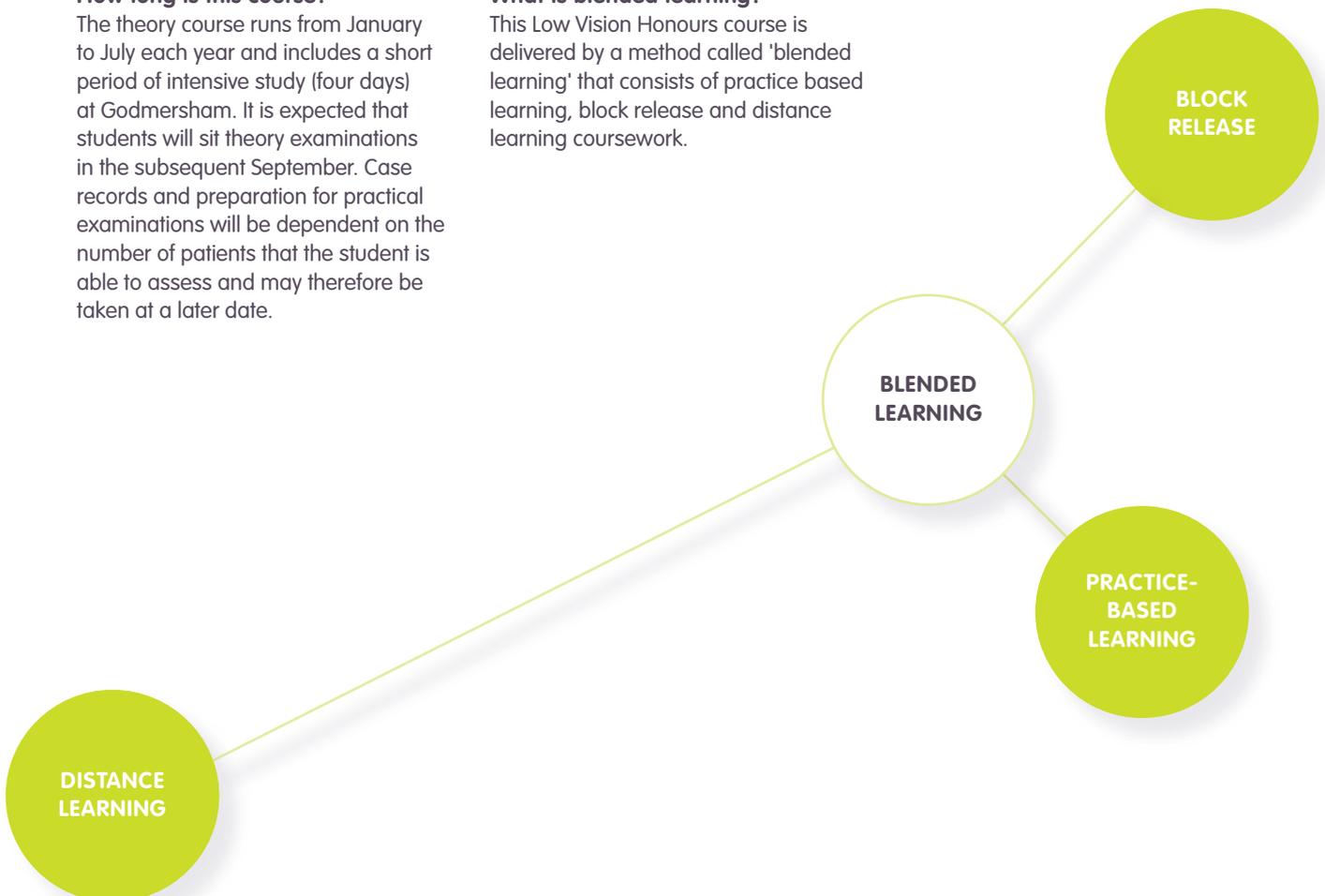
The Low Vision Honours course prepares students for the ABDO Diploma in The Assessment & Management of Low Vision. It is an 'honours level' qualification that has been accredited by Ofqual (Office of Qualifications and Examinations Regulation) as level 6 on the National Qualifications Framework (NQF). This means that it is at the same academic level as a Bachelors degree with honours or graduate diploma.

What is blended learning?

This Low Vision Honours course is delivered by a method called 'blended learning' that consists of practice based learning, block release and distance learning coursework.

How does distance learning study work?

We will provide coursework material to work through and some assignment questions to answer for each part of the course. We will also allocate you a personal tutor and send you their contact details and a timetable for you to work to. There are 23 units of coursework that you will work through over one or two weeks according to the timetable. You then send your work to



HOW DO I APPLY?

For an information pack with details of the next intake, fees, deadline and an application form contact us by telephone, fax, email, post or via the ABDO College website www.abdocollege.org.uk.

your personal tutor who will mark it for you and return it to you with some feedback. As the course is at honours level, you will also need to undertake some additional research and read around the subject in order to gain a thorough understanding of the subject. You can expect this coursework to take you approximately 20 hours per week and you will need to be disciplined to make sure you keep up.

What is block release?

Block release is a four day period of intensive study that will support you with your theory and practical studies and give you the chance to meet some of your fellow students. There will be one of these block release periods in each year. Block release is held at ABDO College in Godmersham, Kent and it is a compulsory part of the course for all students.

What is practice based learning?

While you are studying the Low Vision Honours course you will also be working in practice as a registered dispensing optician and developing a significant level of experience in the assessment of patients with low vision. The opportunity to work in hospital clinic setting or a rehabilitation centre would greatly

enhance your experience and contribute appropriately to your learning in this specialist field. Fifteen case records that demonstrate assessment procedures, selection and fitting of low vision aids and an aftercare regime for a minimum of three months will need to be submitted to ABDO prior to practical examinations.

Who is running this course?

ABDO College.

Who is this course for?

The Low Vision Honours course is for qualified dispensing opticians, contact lens opticians, orthoptists, optometrists or ophthalmologists that have a specialist interest in working with patients with low vision. Qualified orthoptists that are interested in learning more about low vision may undertake the theory part of this course. However, orthoptists are not permitted to complete the practical elements, examinations nor dispense spectacles or spectacle mounted low vision aids and would therefore not gain any qualification from this study.

Do I have to be working in practice?

Yes, it is essential that you develop a significant level of experience in the assessment of patients with low vision.

What qualifications do I need to start the Low Vision Honours course?

You must hold the ABDO Level 6 Diploma in Ophthalmic Dispensing (FBDO) or be a qualified orthoptist, optometrist or ophthalmologist.

What should I do if I don't have these qualifications?

If you are unsure about your eligibility to undertake the Low Vision Honours course please call us and we will be happy to discuss your options with you.

Do I have to be a member of ABDO?

Yes, you will need to retain full membership for the duration of your course.



Currently this course is paper-based, but will be an online course in the future. At this point you will need regular access to a computer and the internet.

Do I have to register with the General Optical Council?

Yes, as a practicing dispensing optician you will need to retain full registration for the duration of your course.

What qualification will I achieve at the end of the Low Vision Honours programme?

The Low Vision Honours course run by ABDO College prepares students for the Diploma in The Assessment & Management of Low Vision examinations available from the Association of British Dispensing Opticians which leads to the FBDO (Hons) LVA qualification.

What books will I need for this course?

Essential reading

Optics (2nd edition) – A H Tunnacliffe/J G Hirst

The Principles of Ophthalmic Lenses (5th edition) – M Jalie

Ocular Anatomy & Histology (3rd Edition) – D M Pipe / L J Rapley

Low Vision Principles & Practice – C Dickinson

British Standard BS EN ISO 15253: 2000 – Optical Devices for Low Vision Aids – BSI

Clinical Ophthalmology – A Synopsis – Kanski

Eye Essentials – Low Vision Assessment – J Macnaughton

Introduction to Visual Optics (4th edition) – A H Tunnacliffe

Recommended reading

Low Vision an Inter-Professional Approach – N Andrew, R Harsant, C Lawrence

Low Vision Manual – Jackson and Wolffsohn

Management & Practice of Low Visual Acuity – A T Dowie

How do I get my books?

ABDO College have their own bookshop and sell all of the books that you will need for your course. Contact Justin Hall at the ABDO College Bookshop by telephone on 01227 733 904, by email at jhall@abdocollege.org.uk or order online at www.abdocollege.org.uk.

What should I do if I am not sure whether this is the right course for me?

Call us. We are happy to answer questions about the available courses from ABDO College and to provide you with all the information you need to make an informed decision. We may also be able to put you in touch with other members who have previously completed this course.

Who should I call if I have questions or need help filling in the forms?

Call the courses team at ABDO College on 01227 738 829 option 1. Any member of the team will be happy to help you.

What should I do if I am interested in applying for the Low Vision Honours course?

It is likely that you will need the support of your employer and you will need to ensure that you will have access to patients. Find out about the low vision services in your area and where you can gain practical skills and clinic time with patients. If possible identify someone knowledgeable about visual impairment and the provision of services who is willing to be a mentor during your studies. Then, please call us!

When should I apply?

We recommend that you apply in good time as there are a small and limited number of spaces on the course and when it is full, it is full! It is possible to join the waiting list for the following intake if there is no space on the current course.

Revision Courses

ABDO College runs two different types of revision course:

- Distance learning revision courses
- Revision courses held at Godmersham

One type is offered purely by distance learning and the other involves face-to-face teaching at Godmersham.

There are revision courses to prepare students for ABDO examinations for dispensing, contact lenses and low vision and they run to fit in with the ABDO schedule for summer and winter examination sittings.

The revision courses are to supplement your revision programme and should be undertaken in addition to a thorough study of your coursework and practice with past paper questions. You will also need to undertake some additional research and read around the subject in order to gain a thorough understanding of the syllabus.



Distance Learning Revision Courses

What will I learn on this course?

Theory distance learning revision courses are designed to introduce structure and discipline into your revision programme and to help you understand the concepts covered in the syllabus.

The following courses are available:

Year 1 – from Jan 2018, 2015 syllabus*
Optics and Ophthalmic Lenses
(12 assignments)

Year 2 – from Sept 2018, 2015 syllabus*
Advanced Ophthalmic Lenses and Ophthalmic Dispensing
(12 assignments)
Standards of Practice (6 assignments)
Abnormal Ocular Conditions
(6 assignments)
Anatomy (6 assignments)

Year 3 – from Sept 2019, 2015 syllabus*
Contact Lenses [Dispensing]
(6 assignments)
Low Vision [Dispensing] (6 assignments)
Refractive Management
(12 assignments)

**After these dates please contact the courses team for revision courses based on the 2008 syllabus*

Contact Lenses

Visual Optics (12 assignments)
Anatomy (12 assignments)
Practice (12 assignments)

Low Vision

Optics (Paper 1)

Students planning to sit a fourth and final attempt at any ABDO examination are required to undertake further

sustained study. ABDO College distance learning revision courses have been approved by the ABDO for this purpose.

How long is this course?

All of our theory distance learning revision courses are studied over a period of 12 weeks and are available leading up to summer and winter examinations sittings.

How does distance learning study work?

We will send you coursework material to work through and some assignment questions to answer for each part of the course. We will also allocate you a personal tutor and send you their contact details and a timetable for you to work to. Assignments are to be completed weekly or fortnightly according to the timetable and sent to your personal tutor who will mark it for you and return it to you with some feedback.

The revision courses are to supplement your revision programme and should be undertaken in addition to a thorough study of your coursework and practice with past paper questions. You will also need to undertake some additional research and read around the subject in order to gain a thorough understanding of the syllabus.

Who is running this course?

ABDO College.

Who is this course for?

Distance learning revision courses are for any student preparing themselves for ABDO examinations especially those who are re-sitting or sitting their final attempt.

Do I have to be a member of ABDO?

Yes, you will need to retain full membership for the duration of your course.

Do I have to register with the General Optical Council?

Yes, it is essential that you retain full, or student, registration as a trainee or practicing dispensing optician for the duration of your course.

What qualification will I achieve at the end of the revision course?

There is no certificate awarded for completion of the revision course. Qualification will be achieved when you are successful in your ABDO examination.

What should I do if I am not sure whether this is the right course for me?

Call us. We are happy to answer questions about the available courses from ABDO College and to provide you with all the information you need to make an informed decision.

Who should I call if I have questions or need help filling in the forms?

Call the courses team at ABDO College on 01227 738 829 option 1. Any member of the team will be happy to help you.

HOW DO I APPLY?

For an information pack with details of the next intake, fees, deadline and an application form contact us by telephone, fax, email, post or via the ABDO College website www.abdocollege.org.uk.

Revision Courses held at Godmersham

What will I learn on this course?

Revision courses held at Godmersham are tutorial sessions designed to assist students with worked problems, past paper questions and practical skills in a taught environment in the period immediately prior to examinations. The sessions are often student led and actively involve students in selection of revision topics.

The following courses are available:

Year 1 Dispensing

PQE Theory of General Optics

PQE Theory of Ophthalmic Lenses

Year 2 Dispensing

FQE Theory Advanced Ophthalmic Lenses and Ophthalmic Dispensing

FQE Theory Standards of Practice

FQE Abnormal Ocular Conditions

FQE Theory Anatomy

Year 3 Dispensing

FQE Theory Assessment and Management of Refractive Errors

FQE Theory Low Vision in Ophthalmic Dispensing

FQE Theory Basic Principles of Contact Lens Wear

For PQE and FQE practical revision please contact ABDO examinations and registrations.

Contact Lens Certificate

CL Visual Optics

CL Anatomy

CL Practice

CL Practical

How long is this course?

Each course will run for one day or one half day and sessions are all held at ABDO College, Godmersham, Kent.

Who is running this course?

ABDO College.

Who is this course for?

Revision courses are for any student preparing themselves for ABDO examinations especially those who are re-sitting or sitting their final attempt.

The revision courses are to supplement your revision programme and should be undertaken in addition to a thorough study of your coursework and practice with past paper questions. You will also need to undertake some additional research and read around the subject in order to gain a thorough understanding of the syllabus.

Do I have to be working in practice?

Although not an essential requirement for revision courses, it is preferable that you are gaining practical experience to support your learning and developing advanced practical skills in ophthalmic practice.

Do I have to be a member of ABDO?

Yes, you will need to retain full membership for the duration of your course.

Do I have to register with the General Optical Council?

Yes, it is essential that you retain full, or student, registration as a trainee or practicing dispensing optician for the duration of your course.

What qualification will I achieve at the end of the revision course?

There is no certificate awarded for completion of the revision course. Qualification will be achieved when you are successful in your ABDO examination.

What should I do if I am not sure whether this is the right course for me?

Call us. We are happy to answer questions about the available courses from ABDO College and to provide you with all the information you need to make an informed decision.

Who should I call if I have questions or need help filling in the forms?

Call the courses team at ABDO College on 01227 738 829 option 1. Any member of the team will be happy to help you.

ABDO College Student Accommodation

ABDO College student accommodation is situated in a converted barn on the Godmersham Park estate in easy walking distance of the College. This delightful barn is set in its own grounds with ample parking.

Fourteen comfortable en-suite bedrooms (11 single rooms and 3 twin rooms) provide private space for tired students to rest their weary heads whilst communal living, cooking and dining areas provide the opportunity to make friends, eat, relax and study together.

The kitchen is well equipped with cutlery, crockery, cooking utensils, pots and pans, fridge, freezer, cooker, microwave, and dishwasher. Self-service breakfast is supplied.

The lounge has a flat-screen television and DVD player and there is a wi-fi connection for students to use with their own laptops. All bedding and towels are provided and the housekeeper provides a daily service to ensure that the accommodation is clean and welcoming. A washing machine, iron and ironing board are also available for student use. There is also a pay phone in the accommodation; the number is 01227 738 975.

In addition, ABDO College has developed relationships and negotiated competitive rates with a number of good local hotels and B&Bs and are able to advise on alternative accommodation according to individual needs.

**For all enquires and bookings please contact Rachel Blazyca-White:
ABDO College Operational Services,
Godmersham Park, Godmersham, Canterbury, Kent CT4 7DT
tel: 01227 733 921 | fax: 01227 733 900
email: accommodation@abdocollege.org.uk**

ABDO College Bookshop

A carefully chosen selection of high-quality books and other useful items are available from the ABDO College Bookshop with an efficient, friendly and personal service for immediate delivery throughout the world.

You can place orders online at the ABDO College website (www.abdocollege.org.uk)

using a secure Internet ordering process or by telephone, email, fax or post.

A textbook order form can be downloaded from the ABDO College website.

For information, orders or special requests contact Justin Hall:

ABDO College Bookshop, Godmersham Park, Godmersham, Canterbury, Kent CT4 7DT

tel: 01227 733 904 | fax: 01227 733 900

email: bookshop@abdocollege.org.uk







ABDO College
Godmersham Park
Godmersham
Canterbury
Kent CT4 7DT

tel: 01227 738 829 option 1
fax: 01227 733 900

info@abdocollege.org.uk
www.abdocollege.org.uk



www.facebook.com/ABDOCollege



www.linkedin.com/company/the-abdo-college-of-education



www.twitter.com/abdocollege

Regulated by the
General Optical Council
www.optical.org